

Weeks Starting:

4th November, 25th November, 16th December, 20th January, 10th February, 10th March and 31st March



### Monday

### **Option 1**

Cheese and Tomato Pizza with Diced Potatoes

### Vegetarian Option 2

Vegetable Rosti with Diced Potatoes

### **Option 3**

Jacket potato with cheese &/or Beans, tuna or salmon

### **Tuesday**

### **Option 1**

**Pork Sausages** with Creamed Potato and Gravy

### Option 2

Quorn Vegan Sausage with Creamed Potato and Gravy

### **Option 3**

Cheese, Ham or tuna wrap

### Wednesday

### Option 1

Roast Chicken with Roast Potatoes and Gravy

### Option 2

Cheesy Leek Parcel with Roast Potatoes and Gravy

### Option 3

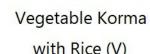
Cheese & tomato pasta pot

# **Thursday**

### **Option 1**

Chicken Korma with Rice

### Option 2



### Option 3

Jacket potato with cheese &/or Beans, tuna or salmon

## Friday

### **Option 1**

Fish Fingers with Oven Chips

### Option 2

Mac 'n' cheese

### **Option 3**

Cheese, Ham or tuna wrap



### Sides:

Seasonal Vegetables, Salad Bar & Fresh Bread

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Seasonal Vegetables, Salad Bar & Fresh Bread

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Seasonal Vegetables, Salad Bar & Fresh Bread



### Dessert:

Strawberry Mousse

### Dessert:

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Pineapple Upside Down Cake with Custard

#### Dessert:

Fresh Dairy Yoghurt

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Marble Sponge with **Chocolate Sauce** 

### Dessert:

### **Dessert:**

Fruity Flapjack



Vegetarian



Contains a minimum of 50% fruit



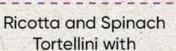
Weeks Starting:

11th November, 2nd December, 6th January, 27th January, 24th February and 17th March

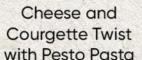


### Monday

Option 1



Vegetarian Option 2



**Tomato Sauce** 

Option 3

Jacket potato with cheese &/or Beans, tuna or salmon **Tuesday** 

**Option 1** 

Superfood Beef Burger with Diced Potatoes

Option 2

Bubble and Squeak Burger with Diced Potatoes

Option 3

Cheese, Ham or tuna wrap

Wednesday

Option 1

Roast Gammon with Roast Potatoes and Gravy

Option 2

Freshly Made Glamorgan Sausage with Roast Potatoes and Gravy

**Option 3** 

Cheese & tomato pasta pot

**Thursday** 

**Option 1** 

BBQ Chicken with Rice

Option 2

Meat Free Meatballs and Tomato Sauce with Rice

Option 3

Jacket potato with cheese &/or Beans, tuna or salmon Friday

**Option 1** 

Harry Ramsden's Fish with Oven Chips

Option 2

Veg Quesadilla with Oven Chips

Option 3

Cheese, Ham or tuna wrap



Sides:

Seasonal Vegetables, Salad Bar & Fresh Bread Sides:

Seasonal Vegetables, Salad Bar & Fresh Bread



**Dessert:** 

Fresh Dairy Yoghurt Dessert:



Banana Cake with Custard

**Dessert:** 

Orange and Mandarin Jelly

**Dessert:** 

Syrup Drizzle Sponge with Custard

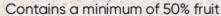
**Dessert:** 

Chocolate Ice Cream Roll











Weeks Startina: 18th November, 9th December, 13th January, 3rd February,

3rd March and 24th March



### Monday

**Option 1** 



**Butternut Squash** Mac 'n' Cheese (V)

### Vegetarian Option 2

Vegetable Fingers with Diced Potatoes

### Option 3

Jacket potato with cheese &/or Beans, tuna or salmon

### **Tuesday**

**Option 1** 

Pepperoni Pizza with Diced Potatoes

### Option 2

Sweetcorn & Pepper Pizza with **Diced Potatoes** 

### Option 3

Cheese, Ham or tuna wrap

### Wednesday

**Option 1** 

Roast Chicken with Roast Potatoes and Gravy

### Option 2

Vegan Sausage Cutlet with Roast Potatoes and Gravy

### **Option 3**

Cheese & tomato pasta pot

### **Thursday**

**Option 1** 

Chicken Meatballs in Tomato Sauce with Rice

### Option 2

**Veggie Tacos** with Rice

### **Option 3**

Jacket potato with cheese &/or Beans, tuna or salmon

### Friday

**Option 1** 

'Big Tasty Fish Cake' with Oven Chips

### Option 2

**Quorn Nuggets** with Oven Chips

### Option 3

Cheese, Ham or tuna wrap



### Sides:

Seasonal Vegetables, Salad Bar & Fresh Bread

#### Sides:

Seasonal Veaetables. Salad Bar & Fresh Bread

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Seasonal Vegetables. Salad Bar & Fresh Bread

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Seasonal Veaetables. Salad Bar & Fresh Bread

#### Sides:

Seasonal Veaetables. Salad Bar & Fresh Bread



### Dessert:

Biscuit with Fruit

### Dessert:

Chocolate and Beetroot Cake with Chocolate Sauce

### Dessert:

Fresh Dairy Yoghurt

### 

Apple Pie with Custard

**Dessert:** 

### Dessert:

Carrot Cake Muffin





