

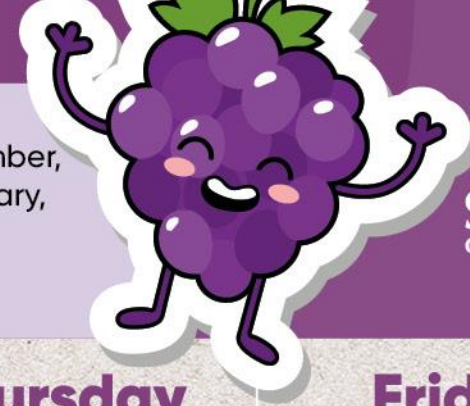
Twelve 15

Week 1

Autumn/Winter 2024/25 Menu

Weeks Starting:

4th November, 25th November,
16th December, 20th January,
10th February, 10th March
and 31st March



Monday

Option 1



Cheese and Tomato Pizza with Diced Potatoes

Vegetarian

Option 2



Vegetable Rosti with Diced Potatoes

Option 3

Jacket potato with cheese &/or Beans, tuna or salmon

Tuesday

Option 1

Pork Sausages with Creamed Potato and Gravy

Option 2



Quorn Vegan Sausage with Creamed Potato and Gravy

Option 3

Cheese, Ham or tuna wrap

Wednesday

Option 1

Roast Chicken with Roast Potatoes and Gravy

Option 2



Cheesy Leek Parcel with Roast Potatoes and Gravy

Option 3

Cheese & tomato pasta pot

Thursday

Option 1

Chinese Chicken Curry with Rice

Option 2



Chinese Veg Curry with Rice

Option 3

Jacket potato with cheese &/or Beans, tuna or salmon

Friday

Option 1

Fish Fingers with Oven Chips

Option 2



Mac 'n' cheese

Option 3

Cheese, Ham or tuna wrap



Sides:

Seasonal Vegetables, Salad Bar & Fresh Bread

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Seasonal Vegetables, Salad Bar & Fresh Bread

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Seasonal Vegetables, Salad Bar & Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar & Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar & Fresh Bread

Dessert:



Strawberry Mousse

Dessert:



Pineapple Upside Down Cake with Custard

Dessert:



Fresh Dairy Yoghurt

Dessert:



Marble Sponge with Chocolate Sauce

Dessert:



Fruity Flapjack



Vegetarian



Contains a minimum of 50% fruit

Twelve 15

Week 2

Autumn/Winter 2024/25 Menu

Weeks Starting:

11th November, 2nd December,
6th January, 27th January,
24th February and 17th March



Monday

Option 1



Ricotta and Spinach
Tortellini with
Tomato Sauce

Vegetarian

Option 2



Cheese and
Courgette Twist
with Pesto Pasta

Option 3

Jacket potato with cheese
&/or Beans, tuna or
salmon

Tuesday

Option 1

Superfood
Beef Burger with
Diced Potatoes

Option 2



Bubble and
Squeak Burger with
Diced Potatoes

Option 3

Cheese, Ham
or tuna wrap

Wednesday

Option 1

Roast Gammon
with Roast Potatoes
and Gravy

Option 2



Freshly Made Glamorgan
Sausage with Roast
Potatoes and Gravy

Option 3

Cheese & tomato
pasta pot

Thursday

Option 1

BBQ
Chicken
with Rice

Option 2



Meat Free Meatballs
and Tomato Sauce
with Rice

Option 3

Jacket potato with cheese
&/or Beans, tuna or
salmon

Friday

Option 1

Harry Ramsden's
Fish with
Oven Chips

Option 2



Veg
Quesadilla with
Oven Chips

Option 3

Cheese, Ham
or tuna wrap

Sides:

Seasonal Vegetables,
Salad Bar & Fresh Bread

Sides:

Seasonal Vegetables,
Salad Bar & Fresh Bread

Sides:

Seasonal Vegetables,
Salad Bar & Fresh Bread

Sides:

Seasonal Vegetables,
Salad Bar & Fresh Bread

Sides:

Seasonal Vegetables,
Salad Bar & Fresh Bread

Dessert:



Fresh Dairy
Yoghurt

Dessert:



Banana Cake
with Custard

Dessert:



Orange and
Mandarin Jelly

Dessert:



Syrup Drizzle Sponge
with Custard

Dessert:



Chocolate
Ice Cream Roll



Vegetarian



Contains a minimum of 50% fruit

Twelve 15

Week 3

Autumn/Winter 2024/25 Menu

Weeks Starting:
18th November, 9th December,
13th January, 3rd February,
3rd March and 24th March



Monday

Option 1



Superfood
Pasta Bake

Vegetarian Option 2



Vegetable Fingers
with Diced Potatoes

Option 3

Jacket potato with cheese
&/or Beans, tuna or
salmon

Sides:

Seasonal Vegetables,
Salad Bar & Fresh Bread

Dessert:

Biscuit
with Fruit



Tuesday

Option 1

Pepperoni Pizza
with Diced Potatoes

Option 2



Sweetcorn &
Pepper Pizza with
Diced Potatoes

Option 3

Cheese, Ham
or tuna wrap

Sides:

Seasonal Vegetables,
Salad Bar & Fresh Bread

Dessert:

Chocolate and Beetroot
Cake with Chocolate Sauce



Wednesday

Option 1

Roast Chicken
with Roast Potatoes
and Gravy

Option 2



Vegan Sausage Cutlet
with Roast Potatoes
and Gravy

Option 3

Cheese & tomato
pasta pot

Sides:

Seasonal Vegetables,
Salad Bar & Fresh Bread

Dessert:

Fresh Dairy
Yoghurt



Thursday

Option 1

Sweet & Sour
Chicken Meatballs
with Rice

Option 2



Veggie Tacos
with Rice

Option 3

Jacket potato with cheese
&/or Beans, tuna or
salmon

Sides:

Seasonal Vegetables,
Salad Bar & Fresh Bread

Dessert:

Apple Pie
with Custard



Friday

Option 1

'Big Tasty Fish Cake'
with Oven Chips

Option 2



Quorn Nuggets
with Oven Chips

Option 3

Cheese, Ham
or tuna wrap

Sides:

Seasonal Vegetables,
Salad Bar & Fresh Bread

Dessert:

Carrot Cake
Muffin



Vegetarian



Contains a minimum of 50% fruit